

# Swimming:

## Thermalbad Aukammtal

The Thermalbad Aukammtal has indoor and outdoor pools, but be aware that if you do bring the children, they must be on their best behavior. Most of the patrons are older and the pools are more for relaxing than having a good summertime splash. The facility is located at 7 Leibnizstrasse, 65191 Wiesbaden, and is within easy walking distance from the Aukamm housing area. It is open Monday, Wednesday, Thursday and Sunday from 8 a.m. to 10 p.m.; Tuesday from 6 a.m. to 10 p.m.; and Friday and Saturday from 8 a.m. to midnight. For more information, visit <http://www.wiesbaden.de/en/sports/baths/thermalbath/index.php>.

## Frei-und Hallenbad Kleinfeldchen

The pools at this Kleinfeldchen facility are indoor and outdoor and include a swimming and teaching pool as well as an area for babies. The facilities also include a gym, sauna and facilities for aquarobics or aqua jogging. There is a 10-meter diving tower and a large water slide as well. The facility is located at 9 Hollerbornstrasse, 65197 Wiesbaden, and it is open every day from 8 a.m. to 8 p.m. For more information, visit <http://www.wiesbaden.de/microsite/mattiaqua/frei-hallenbaeder/kleinfeldchen/index.php>.



## Hallenbad Kostheim

This indoor pool is smaller than some of the others around, but includes a separate diving pool and an area for parents and children. The facilities also include three saunas, a sunbathing area and a new beach volleyball court. The pool is located at 11 Waldhofstrasse, 55246 Mainz-Kostheim, and it is open Tuesday through Friday from 7 a.m. to 9:45 p.m., and from 9 a.m. to 5 p.m. Saturday and Sunday. For more information, visit <http://www.wiesbaden.de/microsite/mattiaqua/frei-hallenbaeder/hallenbad-kostheim/index.php>.



## Freizeitbad Mainzer Strasse

The Freizeitbad Mainzer Strasse includes a large indoor pool for lap swimming, a smaller pool with water jets and another pool for children with two slides. It is a great place to take children. It is located at 144 Mainzer Strasse, 65189 Wiesbaden, and is open Tuesday through Friday from 7 a.m. to 8:45 p.m. and on Saturday and Sunday from 8 a.m. to 8 p.m. For more information, visit <http://www.wiesbaden.de/microsite/mattiaqua/frei-hallenbaeder/freizeitbad-mainzer-strasse/index.php>.

## Swimming note:

In accordance with IAW USAREUR Reg. 385-2 (with the exception of US controlled areas), all natural bodies of water, including lakes, rivers (Rhein/MainRiver), canals, gravel pits, ponds, fish farms, fountains, reservoirs and streams are off limits for swimming. For more Information contact your Garrison Safety Office at 337-7415/1670 or civ 0611-705-7415/1670.

### **Swimming information from the Wiesbaden Girl Scouts**

Wiesbaden Girl Scouts have also compiled information about pools in Wiesbaden. To find it, visit <http://www.wiesbaden.army.mil/sites/about/ttd/SwimmingPools.htm>.

### **Water parks in Germany:**

<http://www.freizeitbad.de/index.php?id=16&L=1>